

Services Available

- Physical Therapy
- Hand Therapy / Splints
- Sports Rehabilitation
- Aquatic Therapy
- Functional Capacity Evaluations
- Work Conditioning
- Job Site Analysis
- Aftercare Program
- Arthritis Aquatics Program



The friendly and professional staff at C.O.R.E. is always ready and willing to serve the community and patients. If you are in need of rehabilitation for an orthopedic injury or musculoskeletal pain, just give us a call. We are here to serve.



972-395-2293

Hours: 7am - 7pm Mon - Fri
Saturdays 8am - 12pm

C.O.R.E. (located inside Metrocrest Orthopaedics and Sports Medicine - Southwest Corner)



4780 North Josey Lane •
Carrollton, TX 75010 •
Phone: 972-395-2293 •
Fax: 972-395-2294 •

Center Of Rehabilitative Excellence



C.O.R.E.

at Metrocrest Orthopaedics
and Sports Medicine

PHYSICAL THERAPY



AQUATIC THERAPY



SPORTS REHABILITATION



HAND THERAPY



WORK CONDITIONING



PHYSICAL THERAPY

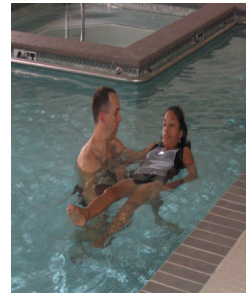
Physical therapy is a field within healthcare that helps patients recover from injury, pain, and/or surgery. The therapists at C.O.R.E. are skilled in orthopaedics, sports medicine, and musculoskeletal injuries. They use a variety of techniques including: exercise, manual therapy, patient education, and modalities to assist the patient with full recovery. C.O.R.E. offers physical therapy, hand therapy, sports rehabilitation, and aquatic therapy.



Center Of Rehabilitative Excellence



C.O.R.E.



Why Choose C.O.R.E.

- **Patient first Attitude**
- **Focus on Patient Goals and Functional Outcomes**
- **Excellent Patient Outcomes**
- **Skilled Physical Therapists**
- **Convenient Hours**
- **Excellent Communication with Doctors and Medical Staff**
- **Caring Support Staff**
- **Superior Customer Service**

Serving CARROLLTON, THE COLONY, PLANO, LEWISVILLE, LITTLE ELM, FRISCO AND SURROUNDING AREAS

